

Promoting Healthy Homes

Learning Guide for Ongoing Professional Development

Note to Learner: Early Impact Virginia encourages you to complete the training and activities with the support of your supervisor. The notes below will guide you in preparing to take the training, following up with your supervisor after the training, supporting transfer of learning into daily practice, and extending learning through individual supervision.

Ongoing: View the Professional Development Program and each EIV training module as an investment in skills and knowledge to help improve home visitor effectiveness.

Before the training:

- Learner and supervisor review course objectives and home visitor competencies
- Learner rates knowledge of learning objectives

During the training, the learner:

- Completes activities
- Reflects on own response
- Identifies questions and concerns
- Completes post-training evaluation

After the training:

- Learner:
 - Rates knowledge of learning objectives
 - Completes post-training activities, as required
 - Develops an action plan for applying skills and knowledge in daily practice
 - Meets with supervisor to:
 - Review pre- and post-training activities
 - Discuss reflections, questions, and concerns
 - Review action plan for applying skills and knowledge in daily practice
 - Assess personal learning goals, transfer of learning, and action plan

This 45-minute online module teaches how surroundings and environment affect overall child development with an understanding that a positive environment promotes healthy development. It educates about potential health concerns in the home, including physical risks, indoor and outdoor concerns, and stress from emotional or substance abuse problems. It guides home visitors in how to assist families in completing a home health and safety plan and in identifying community resources through appropriate referrals to any outside agencies.

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Virginia Home Visitor Competencies Addressed:

4.1.a Provides education to caregivers related to creating safe and healthy home environments for young children.

4.1.c. Recognizes environmental and care-giving risks to the health and safety of children and parents and takes appropriate action when safety concerns arise, including delivering an intervention, referring the family for appropriate services, or reporting concerns to a supervisor or appropriate agency.

Before the Training

Rate Your Knowledge (Scale of 0 to 5, 0 = no knowledge, 5 = significant knowledge)

Learning Objective	Before the Training	After the Training
Describe how surroundings and environment affect healthy child development.		
Identify major physical, mental, and emotional health concerns in the environment.		
Discuss how to educate families about the importance of healthy homes, including assisting families to complete a home health and safety checklist and plan.		
List community resources that are available to help families.		

My personal learning goals for this training are:

1. _____
2. _____
3. _____

After the Training

Reflections on what I learned:

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Questions and concerns I identified:

Action Plan: (Each learner’s plan will be unique. To get you started, some ideas are listed below.) As a result of this training, I will...

- Reflect on my personal beliefs and biases about safe and healthy homes. Share my reflections with my supervisor to identify areas for improvement.
- Encourage all of my families to post safety numbers in visible locations and to enter them into their phones (*9-1-1, Poison Control*, property owner, pediatrician or primary care provider).
- Identify families who need assistance to provide a safe and healthy home for their children.
- Complete a childproofing or home safety checklist with my families according to my programs guidelines. Help them find resources to solve health and safety issues.
- Visit my local fire department and police department to learn about resources and events for child safety seats, fire prevention, and neighborhood safety.
- Make sure my resource and referral toolkit includes the fire department, agencies promoting lead safety, Habitat for Humanity, Urban Development, resources for carbon monoxide detectors, smoke detectors, mold and mildew treatment, pest treatment, and home repairs for low-income families.

My Action Plan

Action	Target Date	Date Completed