

Early Intervention: Impact of Perinatal Substance Use on Infants Learning Guide for Ongoing Professional Development

Note to Learner: The Virginia Department of Behavioral Health & Developmental Services encourages you to complete the training and activities with the support of your supervisor. The notes below will guide you in preparing to take the training, following up with your supervisor after the training, supporting transfer of learning into daily practice, and extending learning through individual supervision.

Before the training:

- Learner and supervisor review course objectives and service provider competencies
 - Learner sets personal learning goals
 - Learner completes pre-training activities, as required
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During the training, the learner:

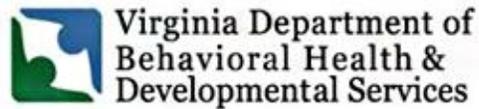
- Completes activities
 - Reflects on own response
 - Identifies questions and concerns
 - Prints Reflective Responses to share with supervisor
 - Completes post-training evaluation
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After the training:

- Learner:
 - Completes pre- and post-training activities, as required, and shares them with supervisor
 - Develops an action plan for applying skills and knowledge in daily practice
 - Meets with supervisor to:
 - Review pre- and post-training activities
 - Discuss reflections, questions, and concerns
 - Review action plan for applying skills and knowledge in daily practice
 - Assess personal learning goals, transfer of learning, and action plan over time
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Training Description:

This 45-minute online module teaches family support professionals and other service providers how a pregnant mother's use of commonly abused substances can impact her fetus, and the signs, symptoms and effects of withdrawal, neonatal abstinence syndrome and fetal alcohol spectrum disorders on an infant and growing child. It prepares service providers to recognize pregnant mothers and infants at risk for SEI issues, develop a plan for referral, and support families in providing an optimal environment for their substance-exposed infants.



National Family Support Competencies Addressed:

- 1.1.d. Identifies possible developmental delays or concerns and explains how these may impact learning and development
- 1.2.b. Describes common birth defects related to specific teratogens, such as Fetal Alcohol Syndrome (FAS)
- 2.6.c. Lists possible signs of problems in infant social and emotional well-being
- 2.9.a. Lists benefits of breastfeeding for both mother and baby
- 3.12.b. Explains how sensitive and responsive caregiving is the basis for developing a strong parent-child relationship

Before the Training

Rate Your Knowledge (Scale of 0 to 5, 0 = no knowledge, 5 = significant knowledge)

Learning Objective	Before the Training	After the Training
Describe how maternal substance use during pregnancy may affect infants and the possible impact of individual drugs.		
Identify the characteristics of withdrawal, Neonatal Abstinence Syndrome and Fetal Alcohol Spectrum Disorders and their present and future effects on the child.		
Explain how the postpartum environment can improve or worsen the effects of SEI.		
Describe strategies that families and caregivers can use to help infants with SEI, NAS and FASD.		
Define your role in supporting the family’s knowledge of how the drugs may impact the child’s development and giving them strategies for promoting optimal development.		
Demonstrate the ability to collaborate with other service providers to support the child’s optimal development.		

My personal learning goals for this training are:

1. _____
2. _____
3. _____



After the Training

Reflections on what I learned:

Questions and concerns I identified:

Action Plan: (Each learner's plan will be unique. Listed are a few examples.) As a result of this training, I will ...

- Update my resource file to include handouts and resources to educate parents about the impact of substance use on infants.
- Screen all women for substance misuse.

My Action Plan

Action	Target Date	Date Completed