

# WASH YOUR HANDS

## The Right Way

### 1 WET YOUR HANDS

Use plenty of warm, running water.



### 2 USE LIQUID SOAP

Soap washes away germs.



### 3 SCRUB YOUR HANDS ALL OVER

Count to 20 or sing Happy Birthday twice.



### 4 RINSE WELL

Make sure all soap is gone.



### 5 DRY YOUR HANDS

Use a clean cloth or paper towel.

